

CHEST journal point and counterpoint - E-cigarette use for harm reduction in tobacco use disorder: Yes/No?



A debate about the merits of e-cigarettes for tobacco harm reduction

The [September 2021 edition of CHEST](#), the respiratory journal, features a point/counterpoint debate on the value of e-cigarettes for tobacco harm reduction. I am making the case in favour (the Point) and [Dr Hasmeena Kathuria](#) (Boston University) and [Dr Frank T. Leone](#) (University of Pennsylvania) are making the case against (the Counterpoint). We each provide a shorter rebuttal to the arguments made by the other. We also recorded a 30-minute podcast to air these arguments face-to-face. Recognising the broader interest in the subject, CHEST has kindly made this content open access so far.

Whatever you think of the respective arguments, it was refreshing to find a forum

willing to air them in a respectful and measured way, I am grateful to Drs Kathuria and Leone for engaging and making their case and to CHEST for providing the platform. I wish we could have much more debate like this.

For ease of access, I have added the relevant links below.

Point - the case for vaping for tobacco harm reduction

- Clive Bates: [POINT: e-Cigarette Use for Harm Reduction in Tobacco Use Disorder? Yes](#) [PDF]
- Hasmeena Kathuria and Frank Leone: [Rebuttal](#) [PDF]

Counterpoint - the case against vaping for tobacco harm reduction

- Hasmeena Kathuria and Frank Leone: [COUNTERPOINT: e-Cigarette Use for Harm Reduction in Tobacco Use Disorder? No](#) [PDF]
- Clive Bates: [Rebuttal](#) [PDF]

Podcast: E-Cigarettes for Harm Reduction in Tobacco Use

- [Episode website](#):
- [Apple Podcasts](#)

Comments, disagreements, and reviews are welcome - keep it polite!